

## Labor and Delivery Notes

Date:

Time:

S: This is a \_\_\_ year-old G\_\_\_, P\_\_\_, (race) female at \_\_\_ weeks gestation by (LMP, \_\_\_ week ultrasound). She presents with \_\_\_. Risk factors include \_\_\_.

O:

- Vitals, general, CV, Lungs, extremities
- Uterus: Fundal height, fetal presentation, tenderness
- Fetus: FHTs, variability, accelerations, decelerations
- Sterile Speculum: pooling, nitrazine, ferning
- Cervix: dilation, effacement, station, membranes
- Toco: contractions, strength, frequency

A: early labor, false labor, round ligament pain, etc

P: expectant management, induction, C/S, send home; Reviewed signs/symptoms of labor, rest, fluids

Recorder: Medical Student, M3