

Na	Cl	BUN	Glucose
K	HCO ₃	Creatinine	

Ca	AST
Total Protein	ALT
Albumin	Alk
Phos	
Total Bilirubin	

WBC	Hgb	Platelets
	Hct	

pH | PaCO₂ | PaO₂ | HCO₃ | O₂ Sat | Base Excess

Strength Grading:

- 5/5: Movement against gravity with full resistance
- 4/5: Movement against gravity with some resistance
- 3/5: Movement against gravity only
- 2/5: Movement with gravity eliminated
- 1/5: Visible/palpable muscle contraction but no movement
- 0/5: No contraction

Reflex Grading:

- 4+: Hyperactive with clonus
- 3+: Hyperactive
- 2+: Normal
- 1+: Hypoactive
- 0: No reflex

Glasgow Coma Scale:

Eye Response:

- 4: Open spontaneously
- 3: Open to verbal command
- 2: Open to pain
- 1: No response

Verbal Response:

- 5: Oriented, converses normally
- 4: Disoriented, confused
- 3: Inappropriate responses
- 2: Incomprehensible responses
- 1: No response

Motor Response:

- 6: Obeys verbal command
- 5: Localizes painful stimuli
- 4: Withdrawal from pain
- 3: Decorticate posturing (abnormal flexion to pain)
- 2: Decerebrate posturing (abnormal extension to pain)
- 1: No response to pain

Grading of Pitting Edema

- 1+: 2 mm in depth (disappears rapidly)
- 2+: 4 mm in depth (disappears in approximately 15 seconds)
- 3+: 6 mm in depth (may last > 1 minute)
- 4+: ≥ 8 mm in depth (may last > 2 minutes)

Admit Orders (ADC VAAN DIIML)

Admit to (floor), Dr. (Attending)

Diagnosis:

Condition: (good, stable, fair, guarded, critical, etc)

Vitals: (Routine, q shift, q 4 hours, etc)

Allergies:

Activity: (Ad lib, bed rest, up to chair, must walk 4 X q day, etc)

Nursing: (Respiratory, Drains/Lines, Monitors, Dressings)

Diet: (Regular, NPO, diabetic, etc)

Ins and Outs: (Strict, routine, etc)

IV fluids: (D5W-1/2NS at 100 mL/hr; don't forget KCl if needed)

Meds: (Antibiotics, anticoagulants, GI prophylaxis)

Labs and studies: (CBC, BMP, CXR now; CMP in AM on (date))

Notify if: (Systolic BP > ____, Diastolic BP < ____, Temp > ____, etc)

Prescriptions

Drug Dose Route

Sig: (directions on how to take)

Ex:

Protonix 40 mg PO

Sig: Take τ tab 1X daily

Antimicrobial Sensitivities

Common Medical Shorthand

BID: twice a day

DC: discontinue

F/U: follow up

H/O: history of

q4h: every 4 hours

qHS: at bedtime

QID: four times a day

R/O: rule out

RTC: return to clinic

S/P: status post

TID: three times a day

WNL: within normal limits