Evidence-Based Medicine Searching PubMed

Nancy O'Brien, AMLS, AHIP & Paula Whannell, MA
UnityPoint Health – Des Moines
Rachel Sindelar, MS
Broadlawns Medical Center
2014

Goals

- Develop a PICO Question
- Use PubMed to locate articles
- Compare PubMed and Google searching
- Explain My NCBI

"Half of what you'll learn in medical school will be shown to be either dead wrong or out of date within five years of your graduation; the trouble is nobody can tell you which half—so the most important thing to learn is how to learn on your own."

Dr. David Sackett

Searching for the Evidence

- 1. Start with the patient

- 2. Translate the clinical question into a searchable question

- 3. Determine best type of study

- 4. Perform literature search

The Well Built Clinical Question

PICO

- ## What is PICO?
  - P – Patient/Problem
  - I – Intervention
  - C – Comparison (if any)
  - O – Outcome (the outcome expected to occur due to the intervention)

  - PICO s are written *BEFORE* you search

Asking the PICO question

- A 44 year old woman comes to the office. She has been diagnosed with depression. She explains to you that she will not be taking "drugs" as it conflicts with her beliefs. She wants to know if St. John's Wort is an effective alternative to traditional antidepressants for her symptoms.

The PICO question

- P – 44, female, clinical depression
- I – St. John's Wort
- C – Antidepressants
- O – Decrease symptoms of depression

- In a 44 woman with clinical depression, is St. John's Wort as effective as antidepressants in treating her symptoms

Search MEDLINE/PubMed via PICO with Spelling Checker
Patient, Intervention, Comparison, Outcome
go.usa.gov/xFn

Patient/Problem:

Medical condition:

Intervention:
(therapy, diagnostic test, etc.)

Compare to:
(same as above, optional):

Outcome:
(optional)

Select Publication type:

Not specified

Submit   Clear

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PICO Feature
http://pubmedhh.nlm.nih.gov

http://babelmesh.nlm.nih.gov/pico.php?in1=ENG

PICO Linguist   (Beta)
(PICO=Patient, Intervention, Comparison, Outcome)
Search MEDLINE/PubMed
go.usa.gov/xFK

Select input language: [Arabic ○]   [Chinese ○]   [Dutch ○]   [Finnish ○]   [French ○]   [German ○]   [Italian ○]   [Japanese ○]   [Korean ○]   [Portuguese ○]   [Russian ○]   [Spanish ○]   [Swedish ○]   [English ●]

Patient/Problem: [   ]

    Age Group: [Not specified ▼]   Gender: [Not specified ▼]

Intervention: [   ]

Comparison [leave blank if none]: [   ]

Outcome (optional): [   ]

Select a publication type:
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[Search] [Clear]

Search <BabelMeSH><   [Acknowledgment] [Disclaimer]

PICO Activity

- Develop a PICO for two of the scenarios in your notebook

Excellent video about evidence based practice...

http://youtu.be/QUW0Q8tXVUc

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Live Search

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HARDIN HIGHLIGHTS

Lyme Disease   Going Mobile!

Strep Throat

Child Diseases

Skin Rashes

Internet   100%

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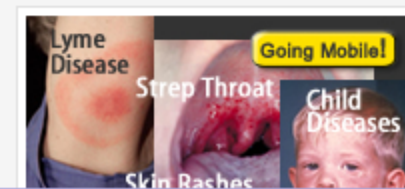
http://www.ncbi.nlm.nih.gov/pubmed?holding=iauzavlib

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You are here: NCBI > Literature > PubMed

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http://www.ncbi.nlm.nih.gov/myncbi/

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SiteMaker CMS - intrane...   hydrocephalus - PubMe...   NCBI - Account Settings   My NCBI - Home   Home - PubMed - NCBI

NCBI   Resources ☑   How To ☑

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Search NCBI databases

Search : PubMed ▾

[   ]   Search

Hint: clicking the "Search" button without any terms listed in the search box will transport you to that database's homepage.

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12:49 PM	Books	record	Using Preferences - My NCBI Help

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("Cochrane Database Syst Rev") ("ACP J Club")	4844	6 years ago

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My Bibliography	edit	0	⚙ Private	Standard
Other Citations	edit	0	⚙ Private	Standard

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Filters

Filters for: PubMed (2 active) ▾

Active	Name	Type

Internet | Protected Mode: On   ⊕ 125%

"Trilemma"

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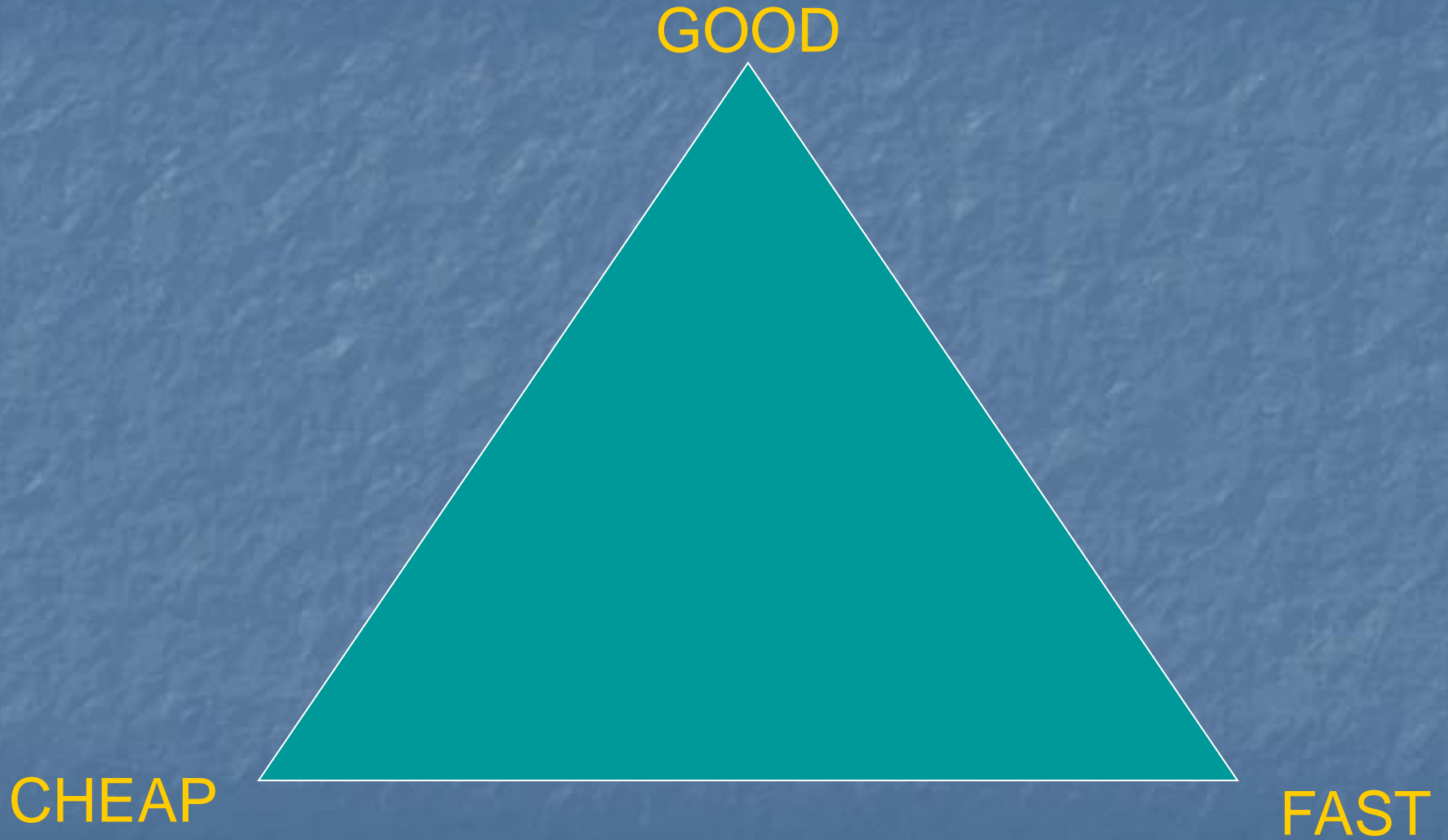
Searching for Peanut Allergy

- Google   ➡️   5,290,000 million hits
- Google Scholar ➡️ 3,400 hits
- PubMed ➡️ 1,678 hits
- PubMed with MeSH ➡️ 663 hits

Google/Google Scholar

- Searches full text
- Useful when lack good Mesh heading
- Phrase searching
- Newly published/ahead of print
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- Less specific
- Ranking of results